

## Book List for Children/Teens

### General Bereavement:

~Preschool-Early Elementary Age Students

Brown, L., Brown, M., When Dinosaurs Die: A Guide to Understanding Death  
Cohn, J., I Had A Friend Named Peter; Talking To Children About The Death Of A Friend  
Ewart, C., The Giant, mother loss, father (giant) looking after her  
Fox, M., Tough Boris, Boris, the pirate's parrot dies  
Gryte, M., No New Baby: For Siblings Who Have a Brother or Sister Die Before Birth  
London, J, Long, S, Liplap's Wish, ages 4-9, rabbit's story of Grandma loss  
O'Toole, D., Aarvy Aardvark Finds Hope, loss of mother and brother  
Vigna, J., Saying Goodbye to Daddy, kindergarten girl's father dies  
Viorst, J., The 10th Good Thing About Barney (Cat loss)

~Elementary Age Students

Alexander, S., Nadia The Willful, Nadia's older brother dies  
Althea, When Uncle Bob Died, preparation for the death of someone close, 4-8 years  
Bo, A, I Must Tell You Something, 125 pages, girl's sudden death of mother  
Brown, L., Brown, M., When Dinosaurs Die: A Guide to Understanding Death  
Bunting, E., The Happy Funeral, Chinese-Americans at grandfather's funeral  
Buscaglia, L. The Fall of Freddie the Leaf  
Doros, A., Abuela, girl's story of her grandmother  
Fox, M., Tough Boris, Boris, the pirate's parrot dies  
Fox, M., Sophie  
Heegaard, M.E., Drawing Together to Learn About Feelings  
Holmes, M.M., Sam's Dad Died, 2 friends whose fathers dies  
Klein, L., The Best Gift For Mom  
Ruiz, R.A., Coping With The Death of a Brother or Sister  
Varley, Susan, Badger's Parting Gifts, animal friends mourn

~Middle-High School Age Students

Bratman, F., Everything You Need To Know When A Parent Dies  
Dower, L., I Will Remember You: What to do when someone you love dies: a guidebook through grief for teens  
Fitzgerald, H., The Grieving Teen: A Guide for Teenagers and Their Friends  
Fry, V., Part of Me Died Too  
Geller, N., The Last Teenage Suicide  
Hurwin, D., A Time For Dancing, illness/loss of friend due to cancer  
LeShan, E., Learning to Say Goodbye When a Parent Dies  
Little, J., Mama's Going To Buy You A Mockingbird  
Naughton, J., My Brother Stealing Second  
Richter, E., Losing Someone You Love: When a Brother or Sister Dies

## **Survivors of Suicide:**

**After a Parent's Suicide: Helping Children Heal**

Margo Requarth, Healing Hearts Press, 2006.

Written by a bereavement counselor who lost her own mother to suicide when she was just under four years old, this book offers constructive, compassionate and clear suggestions for helping children.

**After a Suicide: A Workbook for Grieving Kids**

offered through the The Dougy Center

Developed for use with children, this workbook combines explanations of mental illness and suicide, creative exercises, practical advice, and quotations from child survivors.

**But I Didn't Say Goodbye: For Parents and Professionals Helping Child Suicide Survivors** Barbara Rubel, Griefwork Center, Inc., 2000.

Told from the point of view of a child, this book is intended for adults to read and then share with children.

**Child Survivors of Suicide: A Guidebook for Those Who Care for Them**

Rebecca Parkin and Karen Dunne-Maxim, 1995.

This practical guide offers guidance for family members, educators, and others who deal with young survivors.

**My Uncle Keith Died**

Carol Ann Loehr, Trafford Publishing, 2006.

Written in clear simple language easily understood by children, this book offers hope and practical ways to explain suicide to children. It explains the difference between sadness and depression, and describes how chemical imbalances in the brain cause illnesses that can result in suicide.

**Someone I Love Died By Suicide: A Story for Child Survivors and Those Who Care for Them**

Doreen Cammarata, Grief Guidance, Inc., 2000.

An illustrated book that explains depression and suicide in a child-friendly language